

Skills paspoort Sara Mostmans



Sara Mostmans is Professional Certified Coach (PCC) geaccrediteerd door de International Coaching Federation (ICF), geaccrediteerd PRINT® Coach en MBTI® Coach. Als leiderschapscoach werkt zij graag met professionals binnen de corporate en business arena; (toekomstige) leiders; mensen met potentieel. Ze daagt je uit om naar specifieke en realistische doelen te werken en motiveert je om actie te ondernemen. Sara helpt je bewuster te worden van je denken, je doen, je impact op mensen rondom jou en bouwt mee aan je zelfvertrouwen om verantwoordelijkheid te nemen. Sara is positief, empathisch, oordeelt niet. Zij is praktisch en hands-on.



1. Individuele Leiderschapscoaching / Executive Coaching
2. PRINT® en MBTI® Training en Coaching
3. High Performance Team Coaching
4. 360° Reviews - live interviews en rapportering

- PRINT® Coach Accreditation | PRINT Profile Ltd | 2025
- MBTI® Step 1 Certification | The Myers-Briggs Company | 2024
- High Performance Team Coaching | The Coaching Academy | 2024
- Professional Certified Coach (PCC) Credential | International Coaching Federation (ICF) | 2024
- Executive Coaching | Barefoot Coaching | 2021
- Diploma in Personal Performance Coaching | The Coaching Academy | 2021

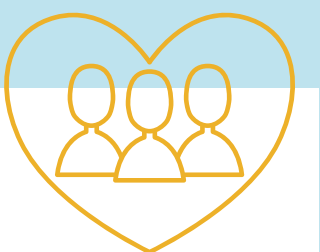


Werk- en denkniveau: WO

Werkervaring:

- Trainer/Coach | Making Change Happen | 2022-heden
- Leadership Coach ICF PCC, Executive Coach | Blue Wave Coaching & Consulting | Eigenaar | 2020-heden
- Medical Manager | Medical Liaison Manager | 2011-2018
- Business Intelligence Partner / Scientific Liaison | 2005 -2018
- MSc Biomedical Sciences

Happy Clients:



"Sara is a true professional who asked the right and thought-provoking questions that encouraged me to break with my habitual ways of thinking. With each session we had, I gained more confidence, clarity, and motivation."

"Sara creates an amazingly comfortable, non-judgmental environment where I could share my thoughts freely. As a result, I was able to properly process my professional challenges with Sara acting as an objective sounding board, leading me to pathways I had not explored yet."